

LITE UHT MILK

PRODUCT SPECIFICATION



Product Description

Ultra Heat Treated (UHT) or long life milk contains all the nutritional goodness that you would expect from any high quality dairy product. UHT long life milk contains no additives or preservatives. Like ordinary milk, UHT long life milk is a rich source of essential daily nutrients including:

- Calcium: needed for strong healthy teeth and bones
- Phosphorus: A vital part of the body's cells
- Potassium: needed for nerve function, muscle control and blood pressure control
- Riboflavin: releases energy from food
- Vitamin A: for vision and maintaining the immune system
- Vitamin B12: for new cell formation and growth
- Magnesium: an important mineral in bone mineralisation and nerve impulses
- Carbohydrate: Lactose is the main carbohydrate in milk – it is an important source of energy
- Protein: crucial for the formation, repair, and maintenance of body tissues
- Zinc: good for the immune system and healthy growth.

Packaging

Lite UHT Milk is available in 200mL, 250mL (single serve), 1 Litre (family size) Aseptic cartons as well as bulk 5, 10, 15, 25, 1,000 Litre containers.

Product Information

KGF559 Lite UHT Milk 200mL

KGF560 Lite UHT Milk 250mL

KGF561 Lite UHT Milk 1 Litre

KGF553 Lite UHT Milk 1,000 Litres - Bulk

Nutrition Information

Shelf life 9 months. Store in a dry, cool place. Halal certified. **1.5% Fat Content.**

Based on a serving size of 200 mL	Units	Average Quantity per 200 mL	per 100 mL
Energy	kJ	400	200
Calories	Cal	96	48
Fat - Total	g	3.0	1.5
Saturated Fat	g	1.8	0.9
Trans Fatty Acid	g	0.1	< 0.1
Cholesterol	mg	7.2	3.6
Sodium	mg	88	44
Calcium	mg	242	121
Total Carbohydrates	g	10	5
Dietary Fibre	g	0.0	0.0
Sugars	g	11	5
Protein	g	7	3.5
	Calories	2000	2500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrates		300g	375g
Dietary Fibre		25g	30g
Calories per gram	Fat 9	Carbs 4	Protein 4

Ingredients

Ultra Heat Treated low fat milk.